

The Spiral is a symbol of continuity, evolution, devolution, expansion, contraction, cycles, mysteries, and changes which result naturally from all that has gone before.

Here it represents the inherent energy of the dot/atom, when released, it spirals outward, merging, converging with the darker purple energy.

The Snail: The spiral also symbolizes the shell or house of the snail which it carries around with it and is bound to for protection from the outside world. It is a metaphorical reference to the status of women in patriarchy.

Being linked to the cycles of the sun and the moon, the snail became a fertility symbol in many cultures. Its shell was linked to a womb. Its horns and its slimy body were symbols of both male and female sex organs and conception.

According to Tao, Ying Yang are dynamic polar energies that create balance and harmony in the universe. The cyclic fluctuations cause by polar energy, govern the universe. Tao extols the virtue of opposite energies passive/active, receive/create, soft/hard, dark/bright, odd/even.

The circle is a continuation from the inner foetal form representing female energy. The outer Circle represents Dynamic energy.

The nine rays symbolize stability with change, representing the solar system. With reference to health, number nine is the incubation period for the human foetus to reach its full term- nine months of pregnancy around which society/patriarchy has centered women's physical and emotional health.



... We advocate for empowerment of communities to take action to obtain their health and nutrition entitlements

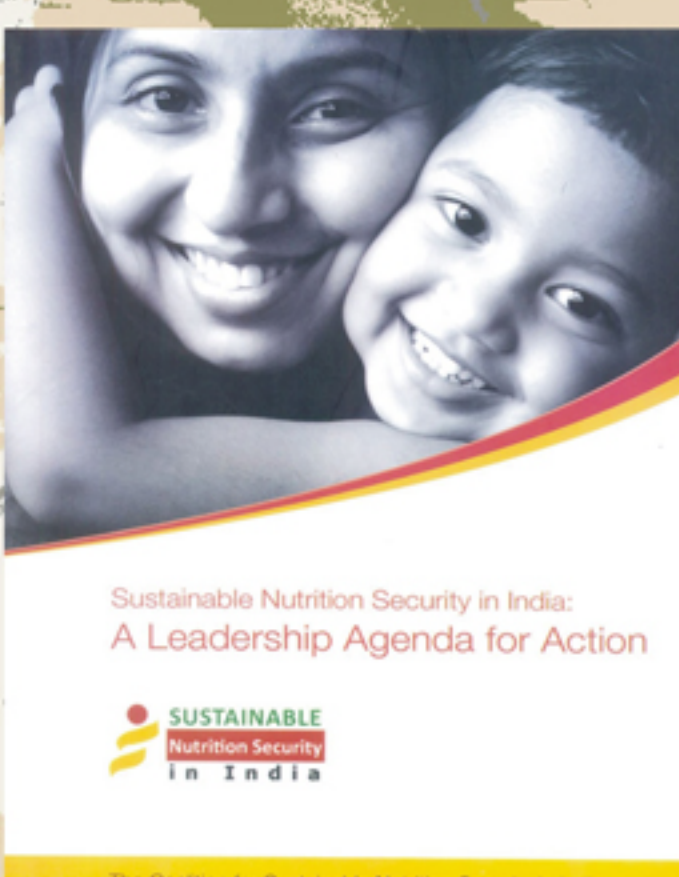
CHETNA moved to its own premises on Ashram Road, Ahmedabad 2007.



CHETNA evolved a community model in Navsari district, Gujarat, to enhance access to maternal healthcare services (2006-2009).



Contributed in Agenda for Action for sustainable nutrition security in India.



hesperian
Publishing for community health and empowerment

Contributed in a Community Action Guide for Women's Health and Empowerment.

During the formulation of XI five year plan CHETNA advocated for children's right to health, nutrition, young people's right to access to reproductive and sexual health information and services, access to maternal health services and safe delivery, and local health traditions.

CHETNA prioritised its efforts on "Nutrition"

Evidences collected from community to advocate for preventing anaemia among women and adolescent girls.

CHETNA sensitised stakeholders on child rights, through eight booklets, Training Module "Learning to Teach Child Rights" and a children's reader "A World Without Tears"

As a National core group member CHETNA facilitated review and recommendations in 2010 for the National Policy in Children 1974.



A set of posters developed on "Valuing the Girl Child"

Campaign on valuing the girl child



CHETNA undertook an exploratory study on practice of sex selection in Mehsana district, Gujarat State, India. 2008.

Harnessed Corporate Social Responsibility to communicate Health and Nutrition

CHETNA was recognised as the Resource Group of International Child to Child network.



Child-to-Child (CtoC) approach to enable child's right to participation.

2006

30 years
1980-2010
Working with Women, Young people and Children

2010

Safe Motherhood Campaign Rajasthan State, India
As a secretariat of SUMA (Surakshit Matritava Gathbandhan)



A dialogue with MLAs (Members of Legislative Assembly).

Public Hearings on maternal health - making health system accountable.

Campaign on Safe Motherhood.

Women's Health and Rights Advocacy Partnership (WHRAP)
Gujarat and Rajasthan South Asian Region



Capacity building of Panchayati Raj members resulted in better access to maternal health services.

Monitored the SRHR (Sexual and Reproductive Health and Right) commitments at National level after 10 and 15 years of ICPD.

Contributed in Advocacy processes related to ICPD and MDG (Millennium Development Goal).

CHETNA drafted policy guidelines for United Nations Economic and Social Commission for Asia and Pacific (UNESCAP), to address gender concerns in the region through the country's development plan.

ACCOLADES...

NGO of the year Modern Medicare Excellence Award-2006.

The Meher R. Contractor Award for Social Welfare-2006.

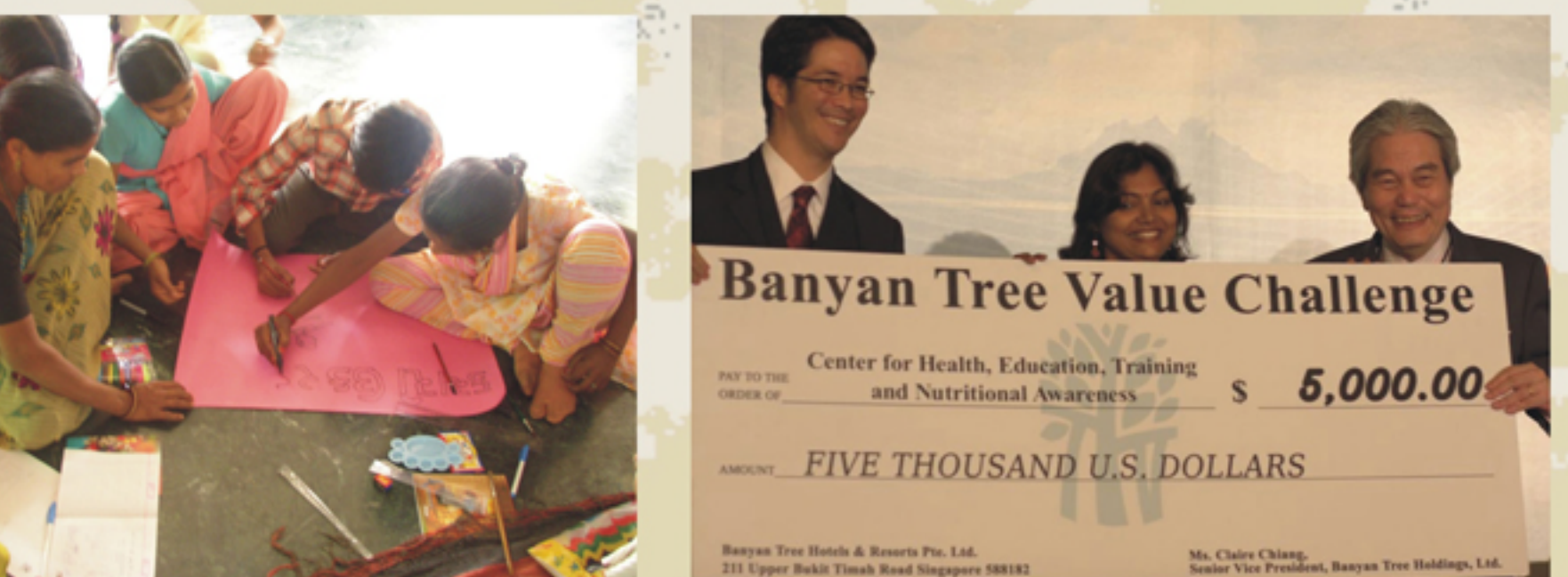
Indu Capoor was recognised as a Global leader for Early Education and Care by World Forum 2009-10.

Indu Capoor received the award for Best Contribution in Female literacy and Women's Empowerment-2010.

As a Regional Resource Centre (RRC), CHETNA built capacities of 23 mother NGOs (MNGOs) in Gujarat State, India.



CHETNA Recognised as a Mother NGO for Sabarkantha and Mehsana districts of Gujarat State.



CHETNA was awarded the Banyan Tree Value Challenge - Asian Forum on Corporate Social Responsibility 2008' at Singapore for its programme "Bal Mitra" (friends of children).

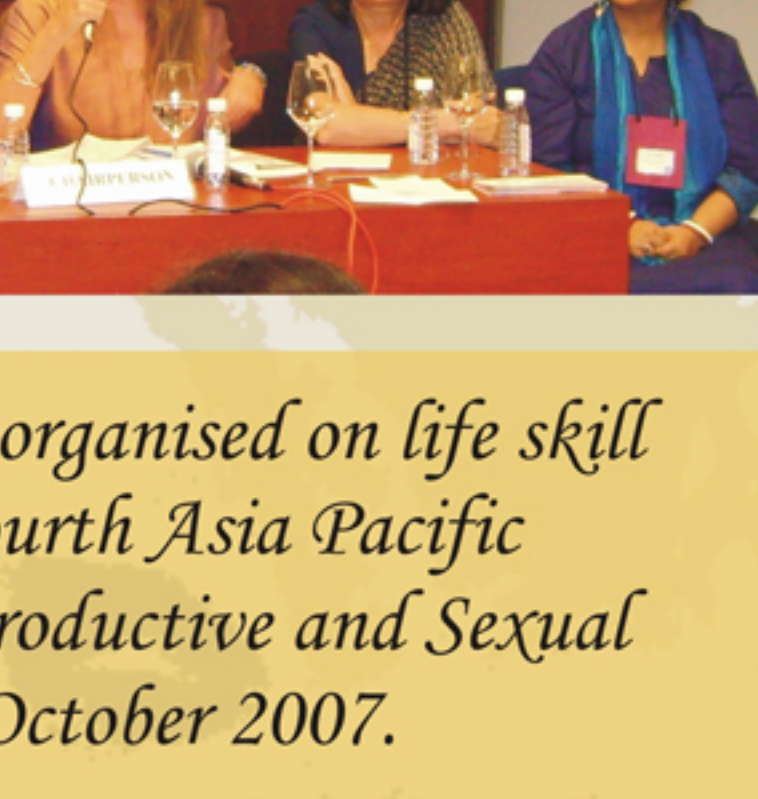
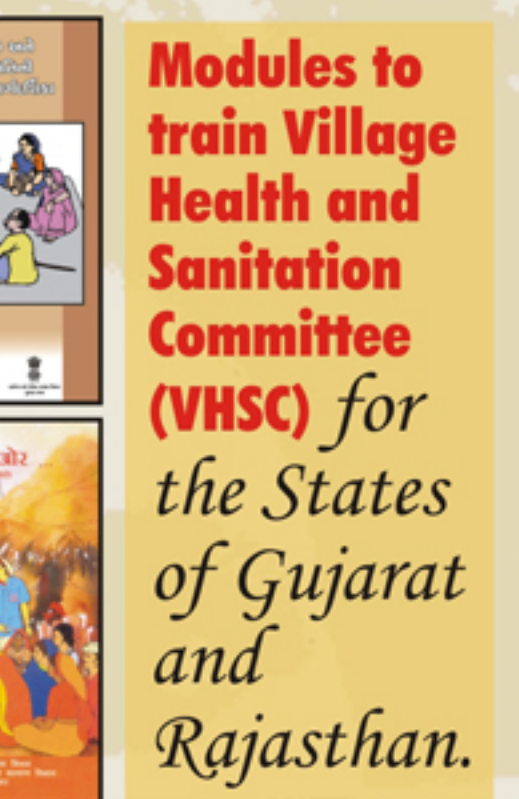
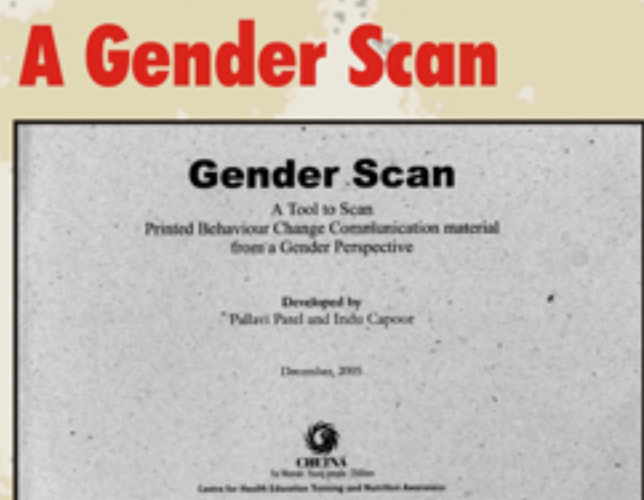


A campaign on curbing Early Marriage and Early Pregnancy in Gujarat State, India.

Inspiring youth Internship: an approach to develop young leaders



A module for adolescent programme of Government of Gujarat.



Young people voiced their health and development concerns during the formulation of State Youth Policies of Gujarat and Rajasthan, facilitated by CHETNA.