



For Women Young people Children

## **# Women Speak About Breast Feeding**

**Listening to 1746 Pregnant and Lactating Women  
From  
Gujarat, Rajasthan and Madhya Pradesh States of India**



## # Women Speak about Breast Feeding

86%

Breastfeeding should be started within an hour of baby's birth

Baby should be fed only breast milk till 6 months of age

68%

74%

Complementary feeding should be started when the baby is seven months of age

Baby should be given soft foods cooked at home

87%

1746 women from eight districts and 12 blocks of Gujarat, Rajasthan and Madhya Pradesh participated.



## # Women Speak about Breast Feeding

**51%** Breast feeding could be continued till 2 years of age

Work should be shared so that women are able to breastfeed their babies.

**88%**

**81%** Workplaces should have arrangements to enable them to breastfeed their babies.

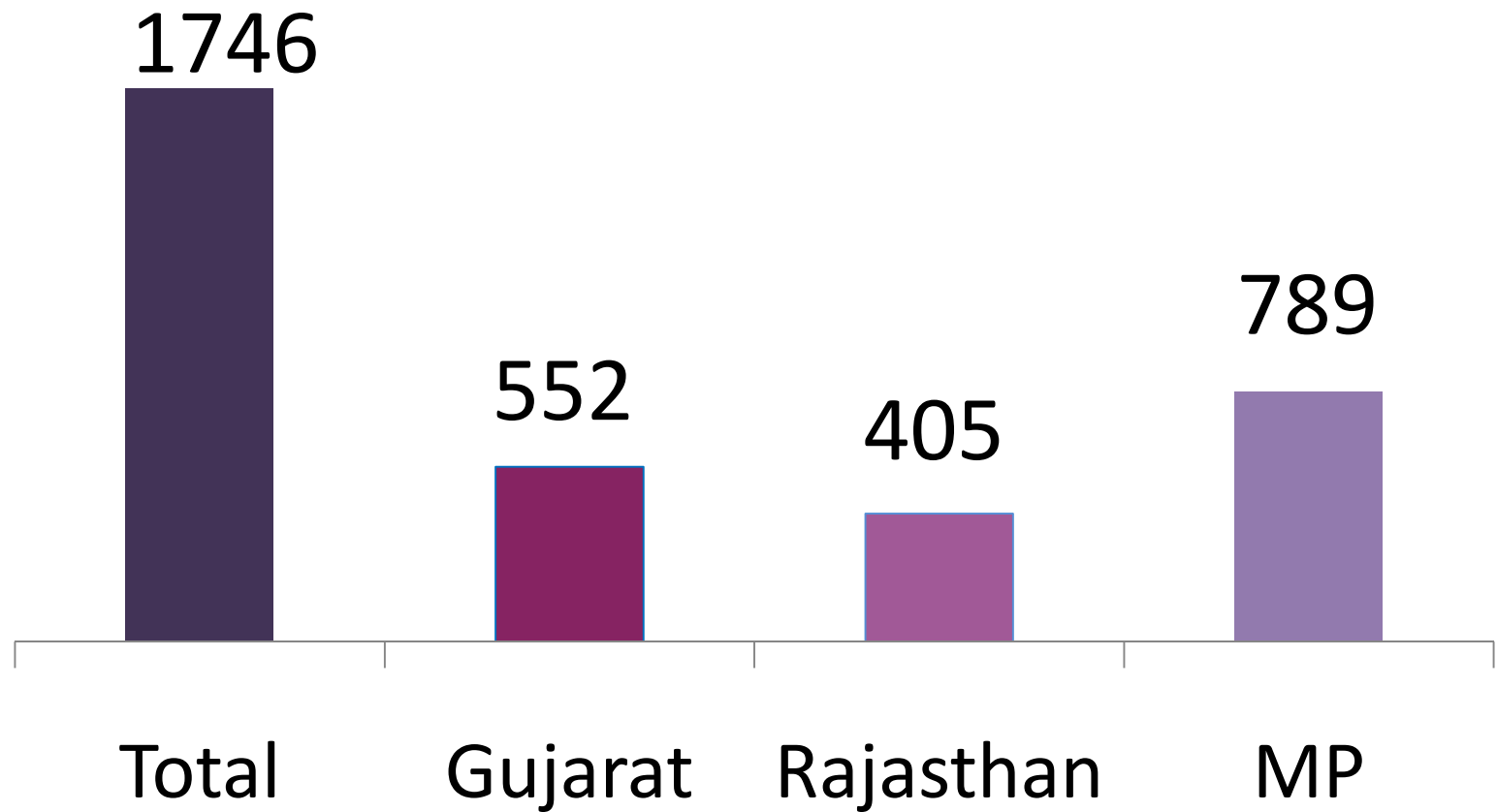
A woman can breastfeed her baby if she has tested positive for COVID-19

**47%**

1746 women from eight districts and 12 blocks of Gujarat Rajasthan and Madhya Pradesh participated.



## Women who spoke





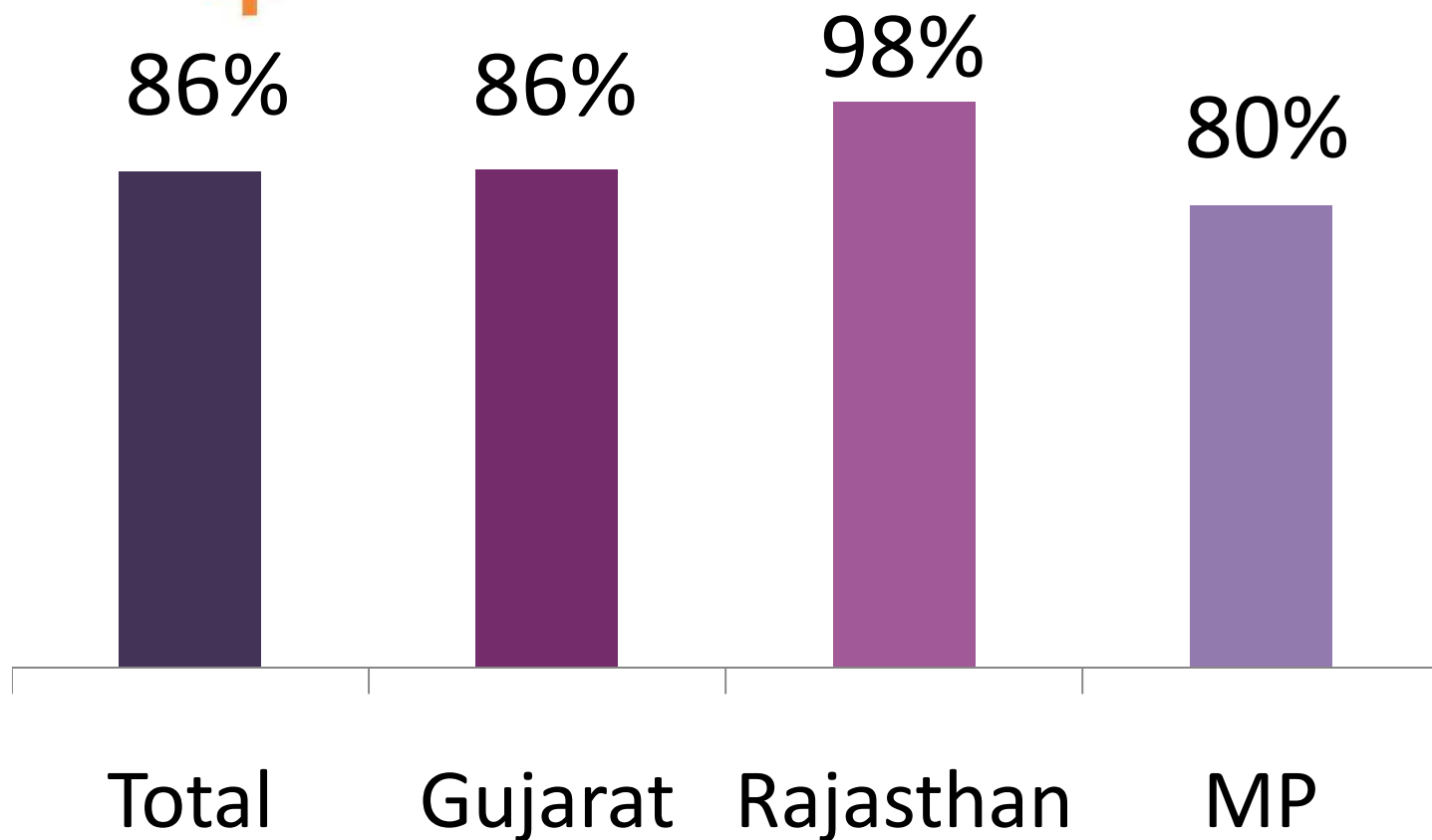
## Blocks Covered

State	Districts / Block
Gujarat	Kutch/ Mundra
	Ahmedabad/Sanand
	Ahmedabad City
Rajasthan	Badmer- Baytu, Sindhari, Gudamalani
Madhya Pradesh	Alirajpur- Sondwa
	Dhar-Manawar
	Dindori-Amarpur and Samnapur
	Jhabua-Petlawad and Thandla
	Badwani- Rajpur
Three states	Eight Districts ,12 blocks



86%

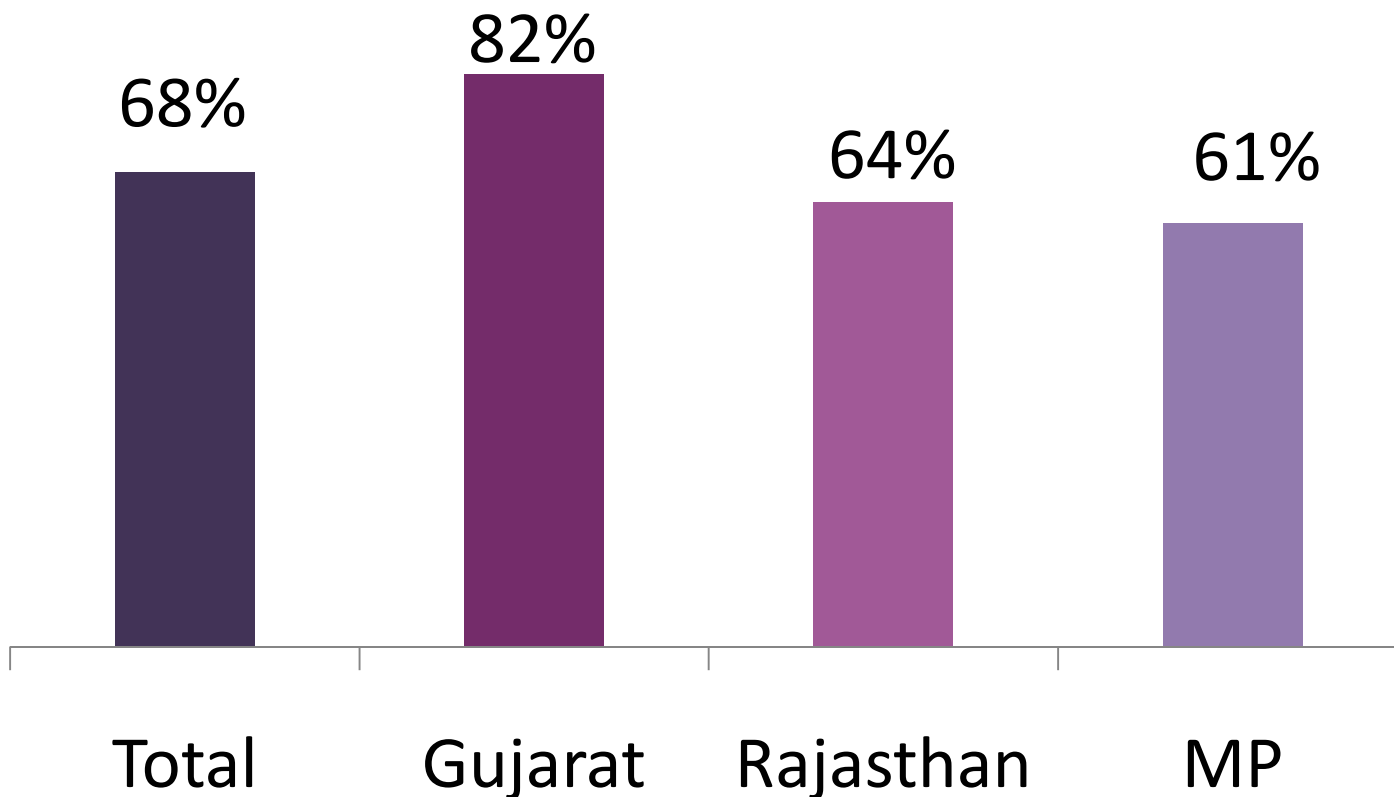
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# Women Speak on Breast Feeding  
N-1746

**Baby should be fed only breast milk till 6 months of age**

**68%**

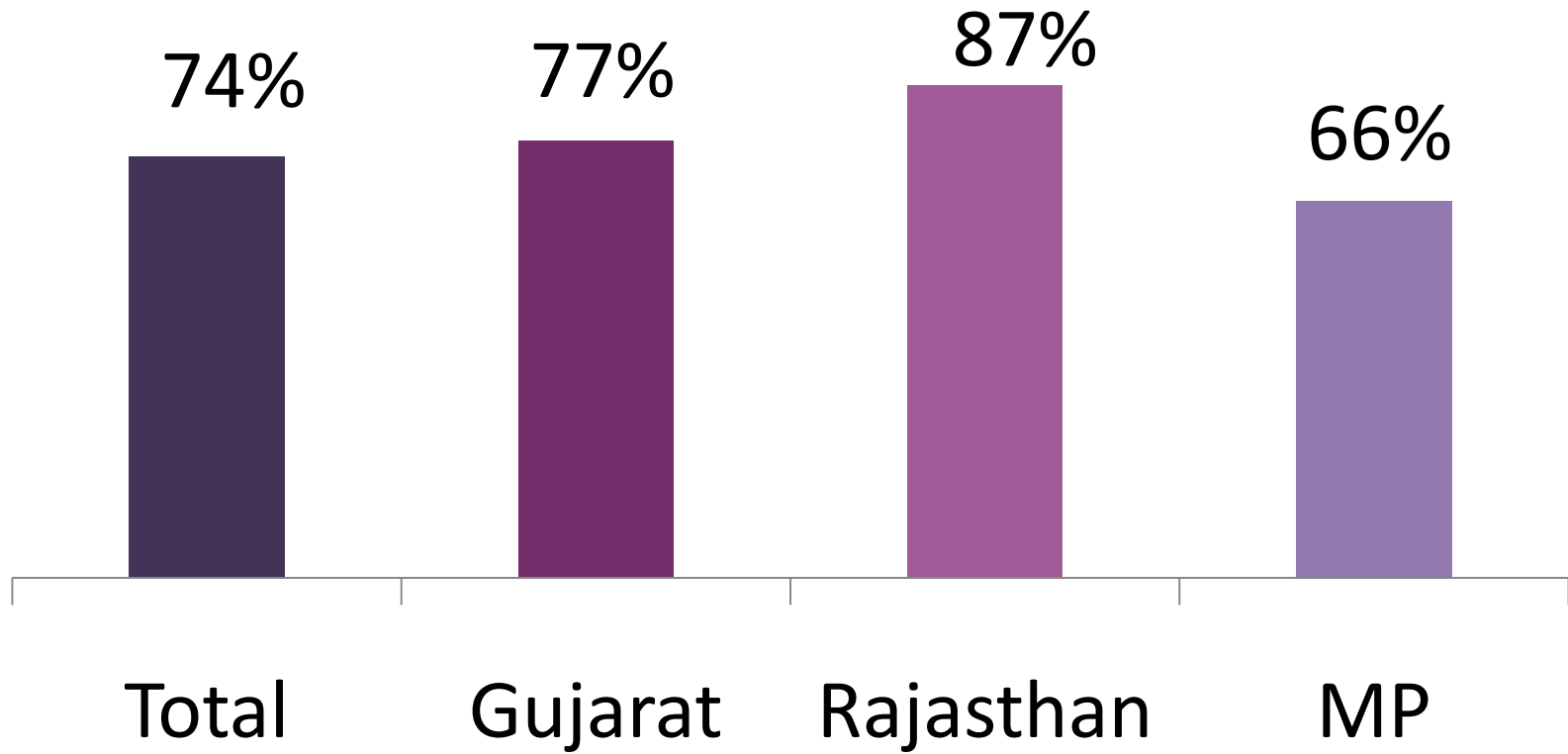


**# Women Speak on Breast Feeding  
N-1746**



**74%**

**Complementary feeding should be started when the baby is seven months of age**

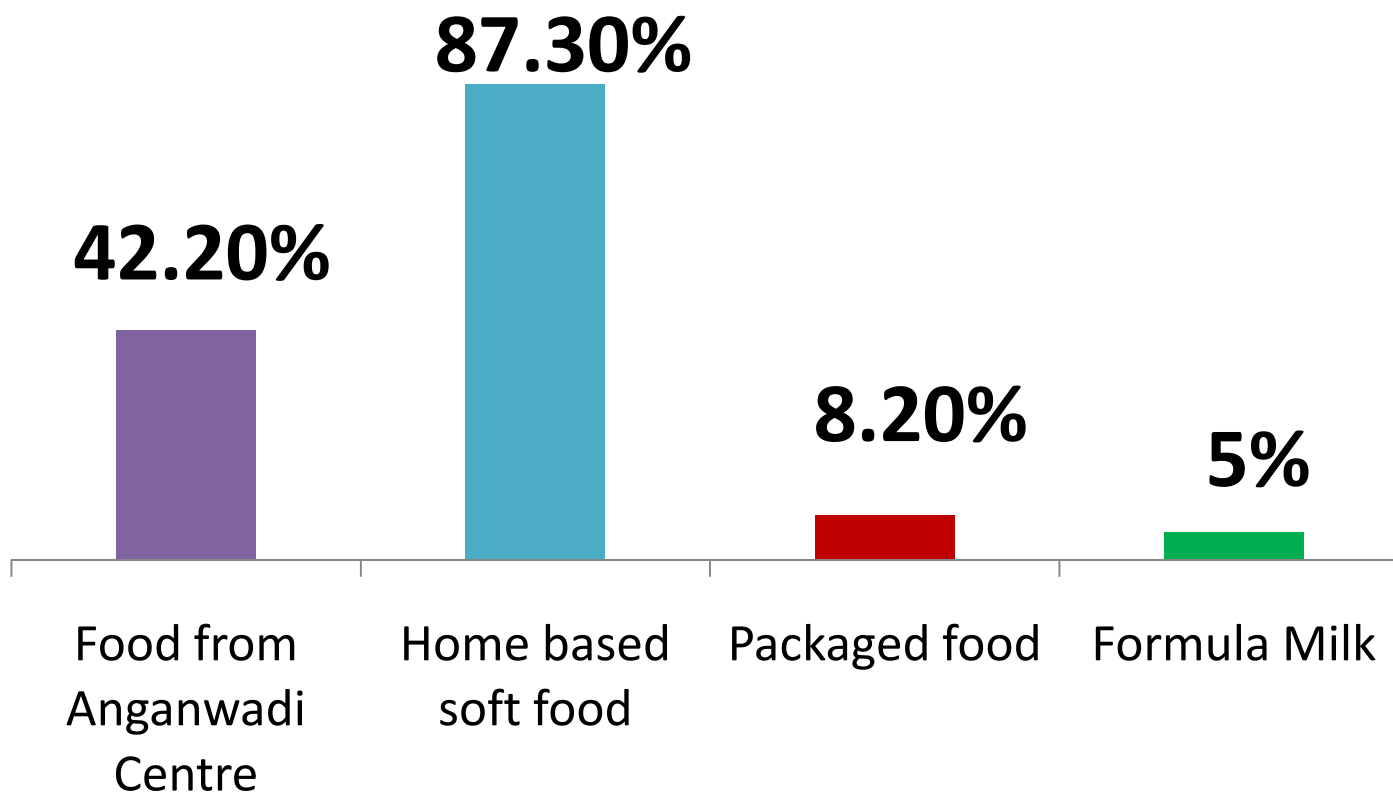


**# Women Speak on Breast Feeding  
N-1746**



# Baby should be given soft foods cooked at home

87%  
♀



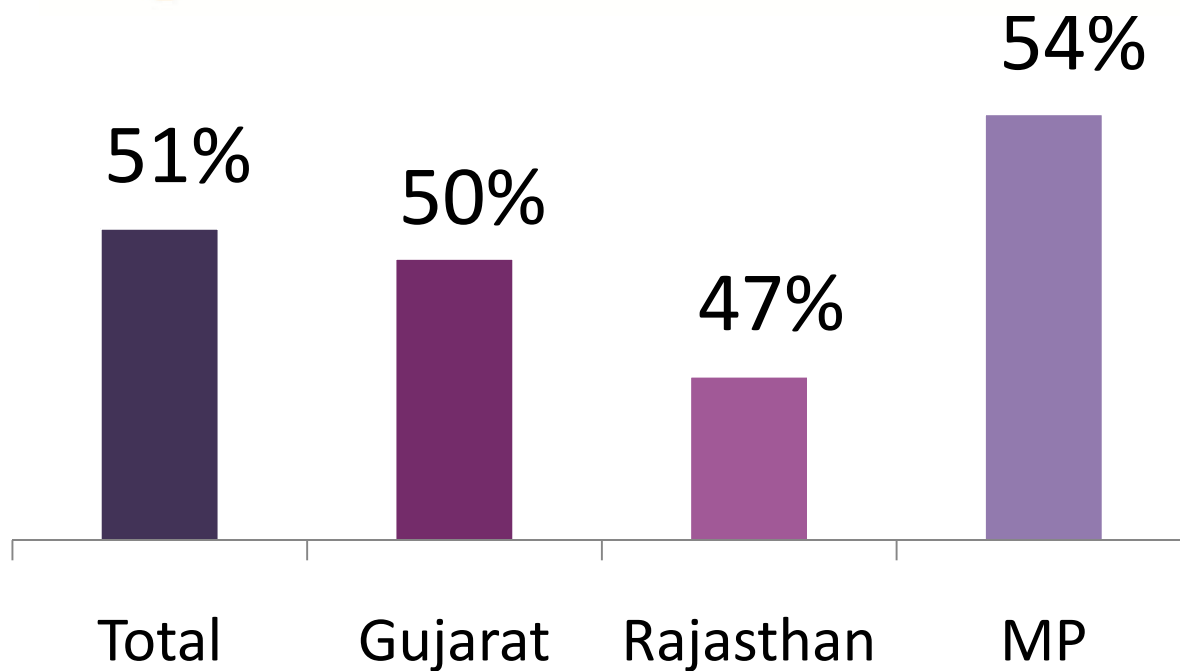
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N-1746



**51%**



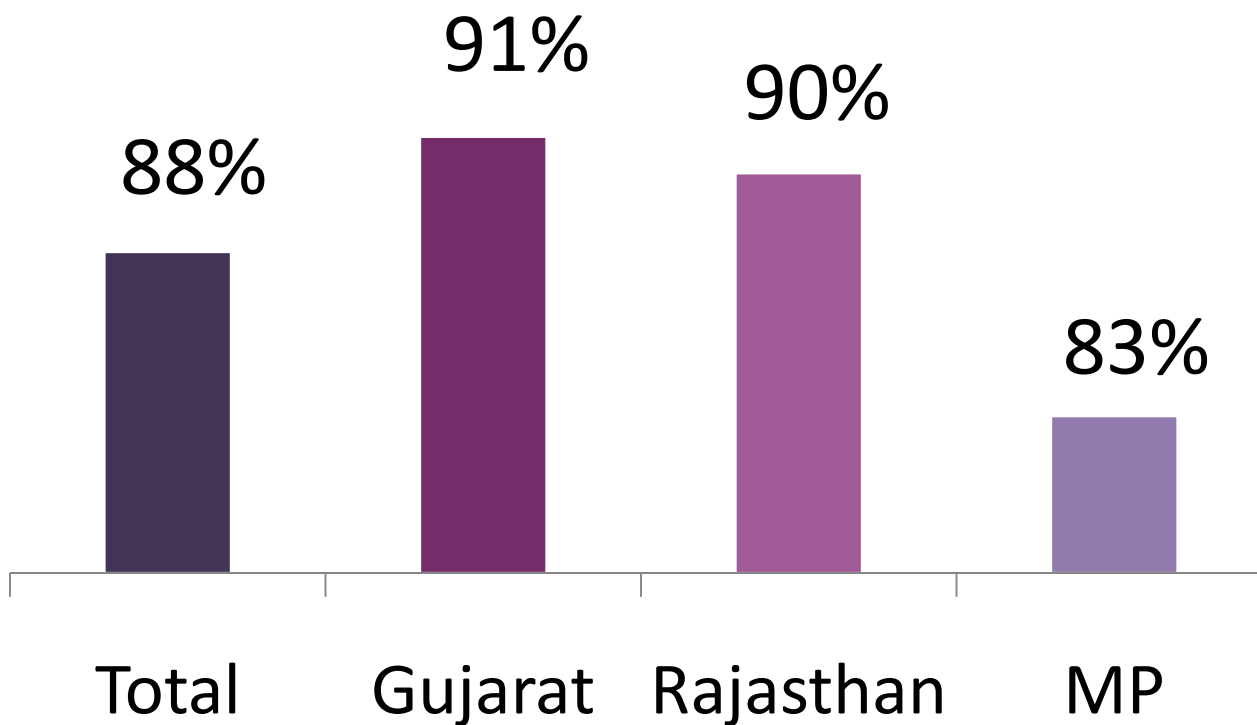
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**# Women Speak on Breast Feeding  
N-1746**

**Work should be shared so that women are able to breastfeed their babies.**

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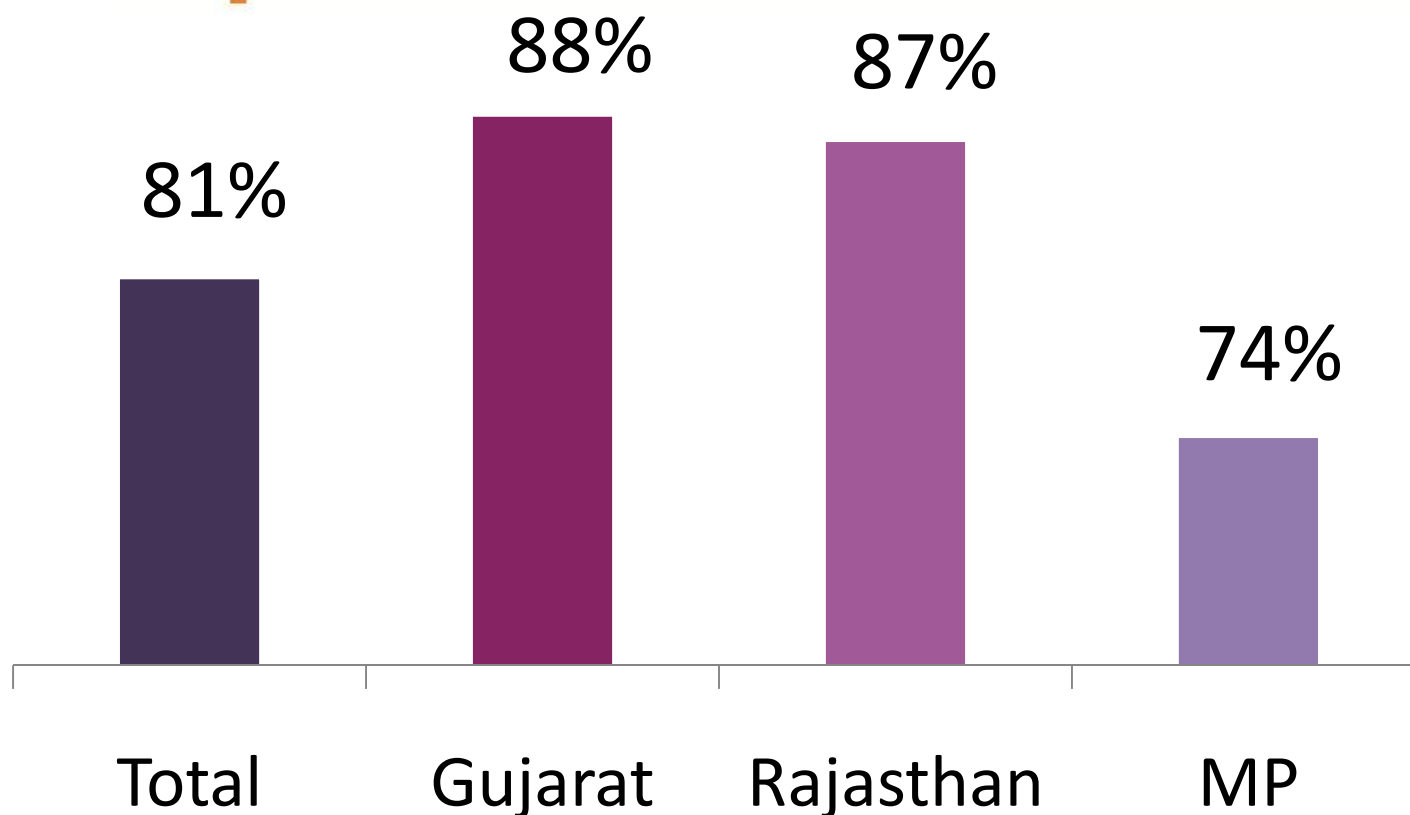
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**81%**



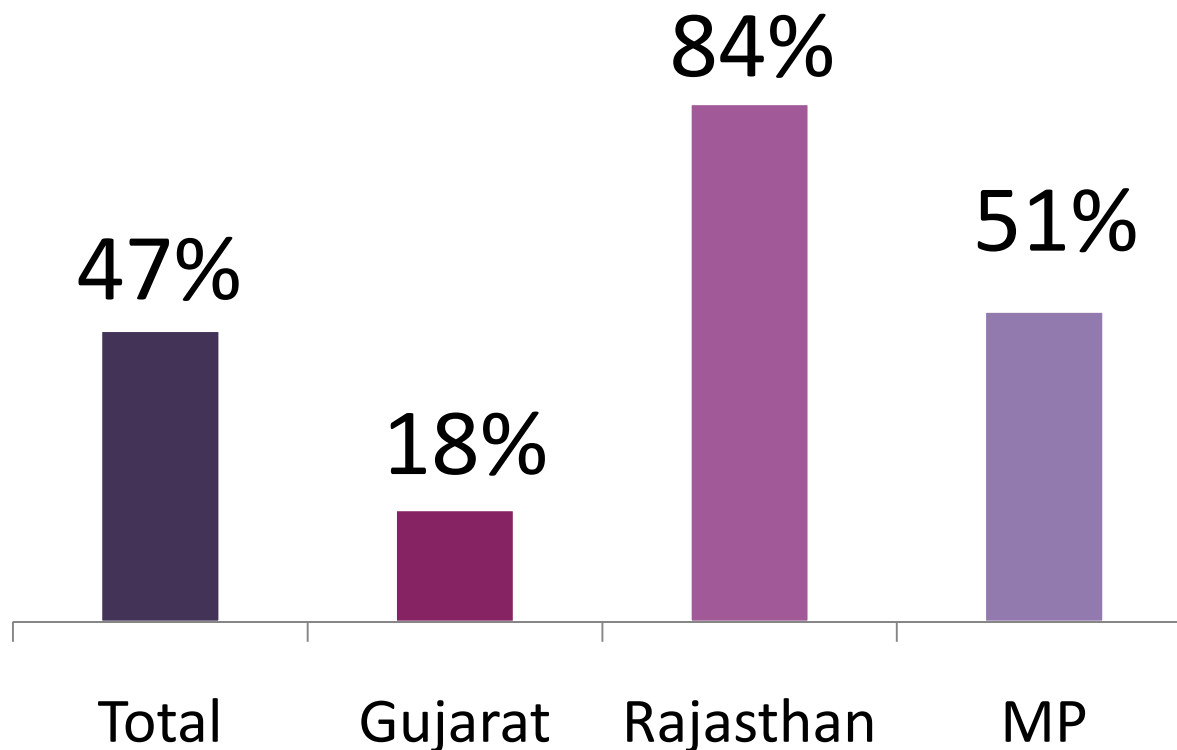
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