

NandGhar

Period : 2019-22

Location: 100villages/ Nandghars of Baytu, Gundamalani and Sindhari Blocks of Barmer district and 25 villages of Sanchor block of Jalore district, Rajasthan and 33 villages/Nandghars of Kalol, Gandhinagar and Sanand Blocks of Ahmedabad and Gandhinagar Districts,Gujarat.

The Integrated Child Development Scheme is one of the worlds' largest supplementary nutrition programme by the Government of India. A package of six integrated services is provided through the AnganWadiCenters-Creches serving a population of 1000 people.

CHETNA has been awarded this project by Vedantafor strengthening the efficacy of government's Integrated Child Development Services (ICDS) Programme, so as to improve the health and well-being of children in the age group of 3-6 years.

Specific objectives

- To increase the access to maternal and child health and nutrition related services from NandGhar
- To ensure effective transaction of early childhood care and education services for children in the NandGhar, i.e. emphasis on developing the 6 skills of childhood – physical and motor skill development, cognitive development, language development, social and emotional development and development of science experience and creative expression.
- To enhance capacity of frontline workers (health and ICDS to strengthen service delivery)
- To provide hot nutritious meals to ICDS beneficiaries through PO/SHGs
- To strengthen inter-sectoral convergence for nutrition and health services for mother and children
- To build and enhance awareness of the health and hygiene practices among both, children and women including menstrual hygiene among women and adolescent girls.
- Ensuring participation and establishing strong community connect and ownership with the project.

Activities

- Capacity building and Hand Holding Support of NandGhar Anganwadi (Creche) workers
- Organising home based sessions on early childhood education
- Organise parents meeting for improving early childhood care at home
- Ensuring Growth grading of children participating in NandGhar.
- Providing therapeutic food to underweight children and counselling of parents
- Capacity building of Adolescent Girls Groups
- Organising health checkup camps at village levels
- Mass awareness activities
- Round table meetings at block and district levels



Results:

- Regular opening of 90% NandGhars for atleast 3 hours
- Attendance of children age 3-6 years in NandGhar increased from 30% in 2019 to 60 % in 2022
- % healthy children increased from 68% in 2019 to 72% 2020
- 100% enrolment of children completing six years in schools