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Message from Chairperson



The world has seen several challenges in 2022-23, and in the post-Covid era, efforts have been underway to mitigate the damage caused by the pandemic and accelerate achievement of the Sustainable Development Goals (SDGs). CHETNA's effort has been to convert the 2030 Agenda of the SDGs into our local context, while also confronting specific challenges that feature in CHETNA's project areas. By implementing identified strategies that have proved to be effective in the past, Team CHETNA continued its crusade to improve the health and nutrition related indicators among the target populations. The focus has been on strengthening the role of community-based organisations, relying on local monitoring mechanisms, and involving the Panchayats to improve access to services and monitor the outcomes. The team has been building the capacity of the community to bring about sustainable and inclusive development. CHETNA believes that empowered people will understand the need for change and take charge of their neighbourhoods and the wider community.

This is going to be my last message as a chairperson of CHETNA. As I step down from this role, I would like to express that it was a wonderful opportunity to be part of an organisation which is well known and highly reputed for its engagement in the areas of reproductive health and nutrition; by imparting training and publishing valuable communication material as an Apex NGO.

My tenure as chairperson of CHETNA was a remarkable journey in getting to know this team's pursuit in improving the health and nutritional status of our rural communities. I am particularly happy to have been a part of the new initiatives to extract lessons and publish research derived from the rich data collected by CHETNA's field units. The "Red अच्छा है" campaign to stop discrimination during menstruation seems to be very promising and I am glad it started during my tenure.

My best wishes to the CHETNA team in its continuing efforts to empower disadvantaged communities through innovative programmes, raise community engagement, and outreach. The team not only brings about positive change but also fosters a sense of well-being among individuals and families.

Shailaja Chandra

Chairperson, Governing Council, CHETNA

Dear friends.

The year 2023 was another eventful and impactful year for CHETNA. It is with great pleasure that I present to you our annual report. It is a reflection of CHETNA's collective efforts and achievements in the field of health, nutrition and Early Childhood Education. This year has been marked by noteworthy achievements in improving the nutritional status of women, children and adolescents and development milestones of children. Our commitment to fostering community engagement has deepened, leading to strong relationships and a more profound impact on the ground. We believe in addressing the challenges through interactions with communities thereby bringing for localised solutions.

Our field team has emerged from the very communities we serve, and team members understand the unspoken barriers in changing health seeking behaviours and eating patterns. They are experts in bringing forward solutions that are realistic, affordable and doable. Bringing diversity in daily diet from local foods, cultivating 'Poshan Vadi' (Nutri Gardens), changing eating practices, especially related to complementary feeding, discouraging adolescents eating "Namkeen Packets" (salty, starchy and sugary food) are some of the notable changes brought about by our team in intervention areas. Regular home visits and counselling have helped bring a marked difference in the nutritional status of pregnant women, lactating mothers, children and adolescents and increase in uptake of the services.

CHETNA's campaign "Red अच्छा है" to address gender discrimination during menstruation has gained momentum by partnering with Ahmedabad Municipal Corporation (AMC) and imparting scientific information to adolescent girls in their schools. Strengthening the capacities of Self Help Group members led to mobilising of communities and improving quality of maternal and child health and nutrition services.

In spite of achievements on several fronts, progress on gender equality is slow. It is a major challenge to address deep-rooted norms and stereotypes in society. The path ahead is undoubtedly challenging, but with the strength of our collective efforts, we aim to make a lasting difference in the field of health and nutrition. I extend my deepest gratitude to each member of our organisation, our partners, and our supporters who are the indomitable force behind the impact and continuing efforts to accomplish our mission.

Pallavi Patel,Director, CHETNA

From the Director's Desk



About CHETNA



CHETNA recognizes that health and nutrition are critical for the physical and mental development of children, adolescents, young people and women but many families are unable to enjoy healthy lives due to poverty or lack of knowledge. CHETNA believes that women's empowerment should be aimed at raising their self-esteem, confidence and consciousness, which further enables them to access health and nutrition services that directly affect their health and wellbeing.

Focus Areas

- Addressing and preventing under-nutrition among children, adolescents and women
- · Enhancing the value of the girl child
- · Strengthening Early childhood education and school readiness
- Improving reproductive and sexual health of adolescents, young people and women.
- Improving maternal, infant and young child health
- Improving access of public sector healthcare and nutrition services to marginalised communities
- Supporting the state government and non-governmental organisations in strengthening service delivery systems

Our Efforts contribute to the Sustainable Development Goals (SDGs)











Approach

CHETNA promotes the life cycle approach and gender equality within the wider social, cultural and economic environment that prevails. This is at the core of all the work undertaken by CHETNA.

We believe that deep-rooted social and gender injustice fuel the vulnerabilities of women and girls, thus resulting in poor nutrition and hygiene and ultimately, adversely impacting their health.

CHETNA attempts to bring change to the underlying root causes of these issues - harmful social norms and discriminatory barriers - at the individual, household, and community levels.

Vision

CHETNA
envisions an equitable
society where
disadvantaged people
are empowered to live
healthy lives.

Mission

CHETNA
works to empower
children, young people and
women, especially those
from marginalized social
groups, to take control of
their own health and that
of their families and
communities.



Activities of CHETNA

Strengthening Capacity

CHETNA organizes need based training modules for programme managers and staff of government as well as non-governmental organisations and corporates with the aim of enabling them to implement gender sensitive strategies and extend meaningful health and nutrition programs to vulnerable communities.

CHETNA provides capacity building and mentoring support to equip partners in the planning and implementation of effective village-level strategies and approaches to ensure equitable access to health and nutrition services for underprivileged communities.

Communicating Health and Nutritional Information

CHETNA has been developing innovative and interactive Behaviour Change Communication (BCC) material which are based on the organisation's more than three decades of communication experience with semi-literate and non-literate communities. The material is audience-appropriate and user-friendly as these have been extensively field tested and are regularly updated. Our material has also been extensively used in government programmes as well as by private organisations working in this sector.

CHETNA is proud to have pioneered the use of traditional media to communicate health and nutrition messages. Some successful approaches have been Health Melas (Health Fairs), Yuvati Shibirs (Fairs for Adolescent Girls), Bhavai (a traditional form of drama), folk songs and Poshan Melas (Nutrition Fairs).

Demonstrating Workable Models and Approaches

CHETNA demonstrates workable models and approaches that can be mainstreamed through existing programmes at the state and national levels. The team attempts to mobilise communities in order to empower them to take charge of their own health and nutrition as well as to demand quality services from the public healthcare system. CHETNA also showcases strategies to train frontline workers on health and nutrition, communication, supportive supervision and monitoring of services.

CHETNA's Contribution to National and State level Policy-making

CHETNA is a member of National Advisory Group for Community Action (AGCA) and National ASHA mentoring group as well as a member of the AGCA's in Gujarat, Rajasthan and Madhya Pradesh.

CHETNA has contributed in the formulation of the Rajasthan State Adolescent and Youth Policy (2006), National Early Childhood Care and Education Policy (2013), National Policy for Children (2013), National Youth Policy (2014), National Adolescent Health Strategy (2014) and the National Health Policy (2018).

Networking and Advocacy

CHETNA networks and advocates for people-centred, gendersensitive policies and programmes at the state, national and international levels. This is executed by systematic facilitation, co-creation and mainstreaming of effective evidence-based models and showcasing promising practices and effective strategies towards ensuring comprehensive gendersensitive approaches in health and nutrition through collective advocacy.

CHETNA ensures that the voices of the community are included in the formulation of policy and programmes.

At a Glance... Advocating for Change



A State consultation was organised to celebrate 'World No Tobacco Day-2023' and showcased the efforts of making 75 schools of Ahmedabad district tobacco free.

The campaign "Red अच्छा है"

was initiated to break the silence around menstruation and change in the beliefs and myths around menstruation. The campaign was launched in Municipal schools of west Zone of Ahmedabad city in February 2023. 2145
Adolescent girls from 40
Ahmedabad municipal Schools participated in the educational session.





As a secretariat of FORCES CHETNA initiated a campaign on #Gujarat Mange Ghodiyaghar (crèches)

Ghodiyaghar (crèches)
seeking full day crèche for working
mothers and was implemented in 16
villages. Around 125 people
submitted a proposal in Gram Sabha
demanding for crèche service.

2022

2023

Reaching out to the people

Various interactive games were organized to create awareness about nutrition and health. Breast feeding week, nutrition week, International women's day, girl child day, national youth day, were organized in 108 villages of Gujarat wherein more than 7000 people participated.









Our Reach

4 States: Gujarat, Rajasthan, Madhya Pradesh Maharashra 13 Districts 26 Blocks 1,781
People's
Organisations
(Self Help Groups, Village

(Self Help Groups, Village Organisations, Cluster Level Federation) 210 Anganwadi Centres

226 Villages

1,50,000 Peopel Benifited Urban
Dwellings of
Ahmedabad City

154 Schools

Demonstrating Approaches

in 40 villages of Ratlam and Ujjain districts of Madhya Pradesh to reduce nutritional anaemia among adolescent girls and women in the reproductive age group, specifically pregnant women, lactating mothers, and newly married women. In a period of 10 months percentage of women with normal haemoglobin levels rose from 24% to



122 nutrition and eye check up camps were organised in four states, Gujarat, Rajasthan, Madhya Pradesh and Maharashtra. A total of 19,441 people participated in these camps. **SAMARTH** an adolescent empowerment project is being implemented in Ahmedabad city with an objective to make information about nutrition as well as reproductive and sexual health more accessible and equip young people with life skills.



A Project **Khusali- Sehat** is being implemented in 16 villages of Jhagadia block of Bharuch district to improve the health and nutrition status of women, children and adolescents. During baseline survey pregnant women (102), lactating mothers (140) and adolescent girls (254) were interviewed. About 50% children between the age of 1-5 years were underweight, 28% of adolescent girls were underweight, 8% girls were severely thin 20% girls were thin, 7% girls were overweight, 2% girls were found to be Obese

Arogya project is being implemented in the 16 villages of Ahwa and Vansada blocks to improve health and nutrition status of women, children and adolescents. One to one counseling through home visits is one of the most useful approaches of the project. It has resulted in improvement in uptake of the services.



Mobile Health Unit

is providing health care services in 11
villages of Vansada block of Navsari
district. 10571 people were treated for
minor elements and 260 villagers were
referred for further treatment.

Vidyaa project is being implemented to ensure age appropriate motor, socio-emotional, cognitive, reading-writing and language skills amongst children aged 3-6 years Vidyaa project is being implemented in 41 Anganwadi centres in 14 villages of Navsari district, Gujarat. IEarly Childhood Care and Education (ECCE) activities are being conducted in all the Aanganwadi regularly, I n six months, as a result percentage of children staying at the AWC for 3 or more hours increased from 10% in the baseline to



Women leaders are changing the health and nutrition indices of their villages

Sachet

of 76 villages of Rajpur block of Madhya Pradesh started participating in Gram Sabhas and submitted proposals on Health and Nutrition. 67% of the 975 proposals submitted in a year were addressed. With their efforts the status of 78 Gram Arogya Kendras has improved.

The trained Self Help Group member:



AMRAI

The project was implemented in 95 villages of Todabhim block in Karauli district of Rajasthan. More than 4000 members of 293 Self Hel Groups (SHGs) and 5105 Adolescent Girls in Government schools were trained on various aspects of health and nutrition equiping them to be ambassadors to bring change in the health and nutrition scenario of their villages.

"Red अच्छा है" campaign

The campaign "Red अच्छा है" was initiated by CHETNA to break the silence around menstruation, change beliefs and bust myths around menstruation. This year, CHETNA, in partnership with the Ahmedabad Municipal School Board, launched this campaign in municipal schools located in the west zone of Ahmedabad city in February 2023.

Post launch, a series of sessions were facilitated in 40 schools to create awareness among students regarding their bodies, reproductive health and process of menstruation. Discussion about social taboos, practices and how they impact their health and esteem, were the central theme of these sessions.

The programme was inaugurated in the presence of Amit Shah, the Honourable MLA of Ellisbridge assembly constituency. Snehaba Parmar and Mehulbhai Shah, serving Corporators from Vasna ward, and Ashishbhai Patel, former Corporator from Vasna ward, were present at the occasion and encouraged the girls to take control of their own bodies. Dr Sujay Mehta, Chairman of the Municipal School Board, Ahmedabad, Government officials including Dr G T Makwana, the Deputy Health Officer, Dilipbhai Patel, the Assistant Administrator, and Dr Hardik Mewada, the Medical Officer of Vasna Urban Health Centre discussed the need for menstrual hygiene — one of the important agendas of the 'Beti Bachao, Beti Padhao' scheme.

They inspired the girls by asking them to focus their energy to bring about change their lives and thereby create a society with an open mindset that can be fulfilling for one and all.

Behaviour change
material regarding the process of
menstruation, difference between sex
and gender, and personal hygiene, were
disseminated among 2145 adolescent
girls. Apart from this, a hygiene kit
containing reusable absorbents for a
year, a nail cutter, string to hang the
washed absorbents in sunlight, and a
brush to clean the cloth, was given to all
the girls who participated in the
sessions.





Reproductive, Maternal and Child Health, and Nutrition

SNEHA-Combating Anaemia among Women in Rural Madhya Pradesh

Despite decades of efforts, Anaemia continues to be a prevalent public health concern with 59% adolescent girls aged between 15 and 19 years and 57% women of reproductive age suffering from it. (National Family Health Survey (2019-21).

CHETNA initiated Project SNEHA in 40 villages of Ratlam and Ujjain districts of Madhya Pradesh in 2021. The objective was to reduce nutritional anaemia among adolescent girls and women in the reproductive age group, specifically pregnant women, lactating mothers, and newly married women.

Following a baseline survey, health education sessions and home visits were conducted for anaemic women and girls. During these visits, they were informed about the signs and symptoms, consequences, and treatment for anaemia. In addition to dietary intake, Iron Folic Acid tablets were distributed for supplementation.

Recipe demonstrations to promote Iron rich food, were conducted in all the villages. During the follow up visits, the CHETNA team ensured that the demonstrated recipes were being cooked in the households at least three times a week. Mass community awareness activities such as rallies and wall paintings on anaemia were also done.

Severely anaemic women were referred to Community Health Centre (CHCs) or District Hospitals for Iron Sucrose injections and further treatment. Meetings with the Chief Medical Officer resulted in orders being issued by the Collector, to ensure necessary treatment to women with severe anaemia. A total of 112 severely anaemic women were treated.

In a period of 10 months (May 2022 to March 2023), the percentage of women with normal haemoglobin levels rose from 24% to 44%; the percentage of women with moderate anaemia decreased from 52% to 26% and women with mild anaemia rose from 19% to 30%.





Rita's Haemoglobin Level Improves

Name: Rita Bhabhar* | Age: 26 years |

Village: Dantoda, Ratlam

Rita is 26-year-old woman from Dantoda village in Ratlam district. Her husband is a casual labourer. When the CHETNA team first met Rita, she was pregnant with her second child. She complained of weakness while her eyes and body appeared pale. The CHETNA team mobilised her for a Haemoglobin test at a camp organised by CHETNA in August 2021 where Rita's haemoglobin level was found to be 6.8gm/dl and she was diagnosed as being severely anaemic.

The CHETNA team informed Rita's husband and family members about her status and advised them to seek immediate medical care at the district hospital and they agreed to do so. On December 18, 2021, after a check-up, she was admitted to the hospital for blood transfusion and given three bottles of blood. Her Haemoglobin level increased to 12.4qm/dl.

She delivered a baby girl on March 6, 2022. After delivery, when tested on March 22, 2022, her Haemoglobin again dropped to 8.7gm/dl. CHETNA field team visited her every month and provided information on eating nutritious and iron-rich food, particularly drumstick leaves. She was counselled for intake of Iron Folic Acid tablets and provided her with 240 tablets, which she consumed daily. In March 2023, her Haemoglobin had once again increased to 12.5 gm/dl. Rita is now healthy. She has also planted a drumstick tree in her backyard and eats food prepred from its leaves.

*Name changed for confidentiality





Arogya: Improving access to Maternal, Child, Adolescents Health and Nutrition Services:

Tribal dominated districts of Gujarat - the Dangs and Navsari - have high percentages of wasted and underweight children below five years of age. In the Dangs, the percentage of children who are severely wasted

is 22.2% which is more than double the Gujarat average of 10.6%. Prevalence of anaemia is also very high among this group which is 82.4% in the Dangs and 75.3% in Navsari. In women, the prevalence of anaemia is highest among adolescents. It is imperative that adolescents, especially girls, demand special attention to break the vicious cycle of malnutrition that has stalked the population over several generations.

77% of adolescent girls in the Dangs and 72% in Navsari districts are anaemic. (NFHS 5 2019-20)

CHETNA initiated project Arogya in 16 villages of Ahwa and Vansada blocks to improve the health and nutrition status of women, children and adolescents as well as improve the uptake of maternal and child health and nutrition services from the public healthcare system. A baseline survey was conducted prior to the implementation of the project.

Results of baseline survey:

- High prevalence of under nutrition among children and adolescent girls. In the Ahwa block, more than 70% of children in a majority of villages, were underweight.
- Eating junk food was common among adolescents
- High incidence of low birth weight babies were observed in the intervention villages.

 Only 25% of women surveyed, had received all services during Ante Natal Care (ANC).

Project Implementation

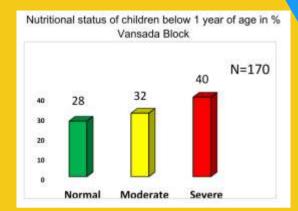
During the initial phase of the project, community level awareness activities were organized. The team started counselling parents of undernourished about the importance of eating home cooked food and the need to bring diversity in diet. ASHA and AWWs were trained on health communication and counselling techniques. Monthly educational sessions were organised for pregnant women, lactating mothers and adolescent girls who were also encouraged to regularly attend Village Health & Nutrition Day (VHND)

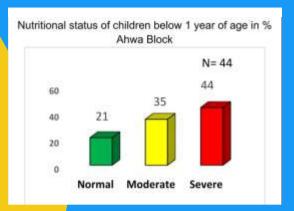
and access services.

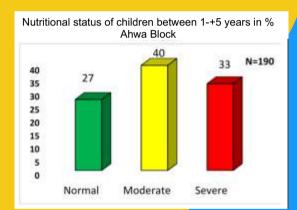
Adolescents were encouraged to stop eating junk food. Meetings with concerned health and ICDS department officials were a regular feature of the project.

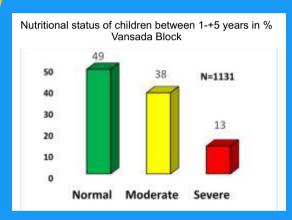


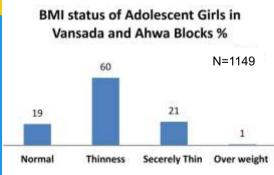
Nutritional Status of Children



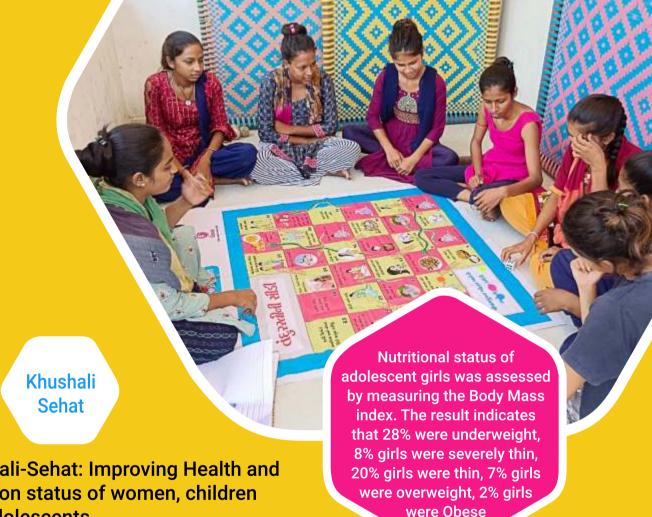












Khushali-Sehat: Improving Health and Nutrition status of women, children and adolescents

Health and Nutrition Status are pillars of human development and wellbeing. CHETNA has initiated a Project Khushali-Sehat in 16 villages of Jhagadia block of Bharuch district to improve the health and nutrition status of women, children and adolescents. The district demographic is predominantly tribal and the intervention population comprises villages located in Gujarat Industrial Development Corporation (GIDC) area which has more than 100 industries. Both men and women, including large numbers of adolescent girls, work in these industries.

A baseline survey was conducted from November 2022 to January 2023. Interviews were held with pregnant women (102), lactating mothers (140) and adolescent girls (254).

81% women registered during first trimester, 57% women receiving 4 ANC, 98.5% women had institutional delivery.

Among the children 26% children had birth weight ≤2.5 kg, 36% children were fully immunised, about 50% children (1-6 years) were under weight (Weight for Age criteria).

A total of 123 pregnant women, 107 nursing mothers, 591 children below 3 years, 504 children between 3 and 6 years, and 334 adolescent girls have been enrolled in the programme.

Bhartiben stops drinking alcohol

CHETNA field team member, visited 27-year-old Bhartiben Vasava in Gumanpura village in February 2023. Bhartiben informed the former that she was pregnant.

Notably, after her first child which was a girl, Bhartiben had suffered three miscarriages. She never availed any Antenatal Care (ANC) services. On further discussion with her and other women in the villages, CHETNA member realised that Bhartiben was addicted to alcohol and gutka (Tobacco chewing).

From February 2023 onwards, the team member conducted counselling sessions with Bhartiben twice a week and discussed the ill effects of her addiction, especially during her pregnancy.

After counselling, Bhartiben not only stopped consuming alcohol and gutka, but also went for her first ANC check-up at fifth month on Mamta Divas, consumed Iron Folic and Calcium tablets and regularly started going for health check-ups. Her counselling will continue till the birth of her child.

*Name changed for confidentiality

Partner:

DCM SHRIRAM
FOUNDATION

A total of 17 mothers' groups and 15 Adolescent groups were formed. Monthly meetings were conducted to educate them about their entitlements as well as basic health and nutrition subjects.

Health camp was organised in March 2023, wherein, 584 out of 842 children under 6 years of age were given check-ups and 14 children were referred for further treatment to children's hospital.

#Gujarat Mange Ghodiyaghar (crèche)

As per the recent research conducted in few states including Gujarat with working mothers belonging to



families with an average income of Rs.5000 -10,000 monthly, 59% of women are forced to leave to their children in the care of older siblings and in some cases even alone (Sharma, Sarathy, &Rao, 2022). This impacts the mental health and work efficiency of the mothers and the wellbeing of her child who is in a crucial development stage.

As a secretariat of FORCES CHETNA initiated a campaign on #Gujarat Mange Ghodiyaghar (creches) seeking full day crèche for all working mothers was implemented in 16 villages. Around 125 people submitted a proposal in Gram Sabha demanding for a crèche. CHETNA also did a social media campaign on the subject. Mass awareness activities were organised to mobilise the community to increase the uptake of the services and create a supporting environment.

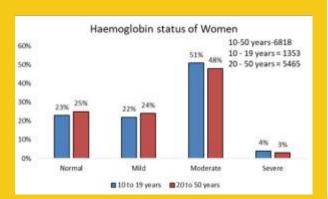


SNEHA: Enhancing Nutrition Awareness and Improving the Vision

Given the high prevalence of anaemia and the need for eye care, CHETNA is implementing Project SNEHA to enhance awareness and access to entitlements for nutrition deficiency, anaemia and eye care.

In the year 2022-23, CHETNA organised a total of 122 camps in four states, including Gujarat, Rajasthan, Madhya Pradesh and Maharashtra. A total of 19,441 people participated in these camps. Of the total participants, 55.5% (10,792) were women and 8,649 (45.5%) were men. They were in the age group of 10 to 50 years.

A total of 6,818 women and adolescents in the age group of 10 to 50 years were tested for haemoglobin levels. Of these, 23% adolescent girls and 25% of adult women had normal haemoglobin levels. They were advised on a nutritious diet. The ones with mild and moderate anaemia were advised diet as well as iron folic acid supplements from the public health facilities. About 3-4% women were found to be severely anaemic and were referred to public health facilities for treatment with iron sucrose. All women and adolescents received information on anaemia during group discussions and through information brochures.



Eye check-ups of 19,441 people were conducted in these camps. Of these, 23% (4,413) people did not have any problems. However, 3,616 people had serious problems and required surgery. Other problems were refractive errors (6,121), Intra-ocular pressure (31), and Visual Acuity (5,001). As a result of these camps, of the 3,616 people who were referred, 2,937 were operated for eye cataract, free of charge. A total of 5,423 people were provided spectacles free of cost.

CHETNA plans to extend this

Partner:

- HDB#####



SACHET: Strengthening local democracy for multidimensional change

The Government of India is committed to reduce maternal and child mortality, improve nutrition of women and children, and provide universal access to healthcare services. Barwani, is a tribal-dominated aspirational district in Madhya Pradesh. In Barwani, 64.2% women had at least 4 ANC visits; 85% deliveries took place in institutions; 18.9% children under 5 years were wasted, 41% children under 5 years were underweight and 27.1% women were found to be undernourished with Body Mass Index (BMI) below normal. (National Family Health Survey-5; 2019-21).

As a thematic partner for health and nutrition CHETNA implemented the 'Strengthening local governance for multi dimensional change" programme, since 2017 in 79 villages of Rajpur block. This project ended on March 31, 2023.

CHETNA organized training for more than 500 SHG members – Sachet Jiji (SJs), who volunteered to work for improving health and nutrition in their villages. They were trained on three perspective building modules covering 17 micro-modules on health and nutrition. The trained Sachet jijis were mentored to roll out the micro-modules in Self Help Groups and to engage with

communities, visit Anganwadi centres, observe Village Health and Nutrition Days, participate in Village Health Sanitation and Nutrition Committee (VHSNC) meetings and mobilise communities.

In 2022, out of 111 Sachet Jijis, 97% organised educational sessions in their respective SHGs, 95% SJs participated in Village Health and Nutrition Days to ensure the quality of the services, 82% SJs tracked progress on Village Health Plan in Village Organisation (VO) meetings

The SJs have further educated and counselled pregnant women and mobilised them to access Maternal and Child Health services, supported women to obtain Ayushman Card, ensure receipt of entitlements of maternity benefit scheme, mobilised parents and ensured admission of children in Nutrition Rehabilitation

Centre (NRC), ensured institutional deliveries

and motivated women to adopt temporary and permanent family planning methods.

Efforts done to strengthen local governance and supply

- 67/76 Village Health Sanitation and Nutrition Committees (VHSNCs) were oriented on their roles and responsibilities. Post training, monthly meetings were held by 63/76 VHSNC to take action on health and nutrition issues
- 221 women elected members from 53 Gram Panchayats were oriented on their roles and responsibilities. They have participated in Gram Panchayat meetings, initiated discussions on health and nutrition and ensured referral of severely malnourished children
- Dialogues on Village Health were held at all 53 Gram Panchayats with the participation of more than 1,000 newly-elected Gram Panchayat members, service providers and community members
- 114 members of the 3 rd standing committee on health, education and social issues of 13 Gram Panchayats were oriented on their roles and responsibilities on health
- Joint training of more than 500 frontline workers was organized on coordination and counselling was conducted
- Support was extended to frontline workers at more than 170 VHSNDs and more than 150 Anganwadi centres to deliver mandated services

Impact in Intervention Areas

CHETNA team documented the changes observed in the intervention area in 2022:

Women participated in Gram Sabhas and submitted proposals on Health and Nutrition. Tracking of proposals by the Village Organisation (VO) sub-committee on health indicated that 67% of the 975 proposals submitted in 2021-22 were addressed. Further, 105 proposals to fulfil health and nutritional needs and gaps in services were

> submitted in 44 Gram Sabhas held in 2022-2023

The status of 78 Gram Arogya Kendras has improved.

Supply of mandated package of services at the Village **Health & Nutrition Day (VHND)** was strengthened and has been since available in more than 80% VHNDs





SAMBAL: Empower women and girls to improve Maternal, Child and Adolescent Health and Nutrition

'The project was implemented in 95 villages of Todabhim block in Karauli district of Rajasthan.

The project aimed to build capacities of Self Help Groups, adolescent girls, Village Organisations (VOs) and Cluster Level Federations(CLFs) to enhance access to maternal, child and adolescent health and nutrition entitlements (MCHAN) from the public health system

CHETNA developed material and provided training on Maternal Child and Adolescent Health and Nutrition (MCAHN) topics including social determinants of health, gender equality, basics of nutrition, care during pregnancy, child nutrition, and accessing entitlements from the public system. A total of 4.076 members from 293 SHGs. 2,240 members of 93 VOs. and 139 members of four CLFs were trained in these topics. Action plans were developed and



support was provided for the implementation of learning. A cadre of 180 Swasthya Sakhis volunteered and were provided with training to reach out to the community.

5,105 Adolescent Girls were provided training on changes during adolescence, reproductive system and menstruation, social determinants of health, age at marriage and gender equality.

Action plans were made to reach out to their peers with key messages, encouragement to marry after 18 years of age, intake of weekly Iron Folic Acid tablets, intake of green leafy vegetables, and encouragement to participate in Adolescent Health and Nutrition Days and Shakti Divas organized by the Department of Medical, Health and Family Welfare, Government of Rajasthan.

Members of 31 Gram Panchavats were oriented on their roles and responsibilities in health and nutrition as well as organising Mahila Gram Sabhas, A total of 26 Mahila Gram Sabhas were held and more than 1,000 women and girls submitted 70 proposals which included supply of Iron Folic Acid tablets. There has been significant progress on more than half of these submissions.

91/95 VHSNCs were oriented on their roles and responsibilities. Support was provided to VHSNCs to organise regular meetings, develop, implement, and review the village health plan to ensure 100% coverage of MCAHN services.

Support was extended to frontline workers on Village Health and Nutrition Days, Adolescent Health and Nutrition Days, Baby Shower-Gaud Bharai and Anna Prashan at Anganwadi centres.

A total of 1,657 pregnant women were informed about care during pregnancy and their entitlements from the public health system. A comparison of data collected in the baseline in December 2021 and at the end of the project in October 2022, indicated increase in access to services.





There are 253 million adolescents in the age group of 10-19 years in India. This is a transitional phase of their lives, requiring adequate nutrition, education, counselling, and guidance to ensure their development into healthy adults.

CHETNA initiated Project SAMARTH in urban slums of Ahmedabad city in December 2021 with an objective to make information about nutrition as well as reproductive and sexual health accessible and equip young people with life skills. The focus was to enable them to make healthy choices related to their diet, practice safe sexual behaviour, delay pregnancy, delay marriage and understand the importance of planning for their future.

A baseline survey covering 2,691 households from a total of five clusters was carried out to learn about the Knowledge, Attitude and Practice (KAP) of adolescent girls and boys. A total of 1,640 adolescents (786 girls and 854 boys) were interviewed. Out of this total, 84% adolescents were found to be anaemic.

During the year, various awareness activities were conducted including nutrition-health education sessions, group meetings and health camps. About 200 youth champions were identified from the intervention areas to enable them to develop life skills. The plan, going forward, is to train these champions in life skills such as self-esteem, communication, decision making, negotiation and conflict resolution so that they can take charge of their own health and nutrition as well as that of their communities.

Enhancing Awareness about Tobacco Use

To bring about greater awareness about the harmful effects of tobacco use and tobacco control laws, CHETNA's initiative made efforts to make 823 rural schools in Ahmedabad district 'Tobacco Free'. Interventions were made wherein CHETNA built capacity of 54 principals and teachers of government schools as 'District Master Trainers' on the guidelines of Tobacco Free Schools (TFS). These master trainers then further imparted training to 682 other teachers to implement action and bring change to their respective schools on the nine criteria of TFS.

The Department of Health, Education and Police, along with school principals and teachers, supported this initiative and took action to implement awareness activities and compliance to Cigarettes and Other Tobacco Products Act (COTPA, 2003). At the end of three years of implementation, 75 of 823 schools were declared tobacco free by the State Tobacco Control Cell.

Tobacco use in any form kills and sickens millions of people each year.

In India19% men, 2% women and 10.7% (99.5 million) adults, currently smoke tobacco

29.6% men, 12.8% women and 21.4% (199.4 million) adults use smokeless tobacco

42.4% men, 14.2% women and 28.6% (266.8 million) adults use any form of tobacco

Source: Global Adult Tobacco Survey – 2 (2016-17)

A State consultation was organised to celebrate 'World No Tobacco Day-2023' and disseminate the outcomes of this project. The State Tobacco Control Cell, along with the Departments of Health, Education, Food and Drugs and Police, were collaborators in the same.

More than 65 participants from government departments, non-government organizations and volunteers of the National Service Scheme (NSS) participated in the programme. The organisers felicitated the principals of the Tobacco Free Schools with certificates to recognise their efforts.





VIDYAA: Strengthening Early Childhood Care and Education (ECCE)

India has 158.7 million children in the 0-6 years age group (Census 2011). India's National ECCE Policy (2013) conforms to the vision of holistic and integrated development of the child, with focus on care and early learning at each sub-stage of the developmental continuum, in order to support children's all round and holistic development.

The public channel is the largest provider of ECCE services, through Anganwadi Centres of the Integrated Child Development Scheme (ICDS). CHETNA has initiated an intervention in 41 Anganwadi centres in 14 villages of Gandevi block of Navsari district, Gujarat, to ensure age-appropriate motor, socio-emotional, cognitive, reading-writing and language skills amongst children aged 3-6 years.



The children between the age of 3-6 years were assessed for nutritional status by using age for weight criteria. Out of 498 children assessed, 46.6% were underweight. Out of total underweight children, 69% were moderately and 31% were severely underweight

Regular monitoring of nutritional status of the children followed by home visits, counselling of parents and caregivers and recipe demonstrations using locally available foods and Take Home Ration were an important features of the project.

The development of all children was assessed on 3 parameters: language, social and cognitive

- 29.6 % children were found to have average proficiency in language
- 98.5% children had average social development proficiency and 1.4% had low proficiency
- 15% children had low proficiency in cognitive development
- Pre-reading skills of children between the age of 4 to 6 years was assessed.
- 92.1% children had low proficiency in pre-reading skills
- 23.5% children were able to identify numbers from 0 to 10
- 7.2% children in 4-6 years age group were able to identify 3 to 5 English alphabets
- 1.6% children could read basic Gujarati alphabets

The Anganwadi workers went through intensive ECCE training with a mentoring support from CHETNA team to conduct ECCE activities at the Anganwadi centre level. An activity book Kalrave on ECCE developed by CHETNA was disseminated to children. The uniqueness of the book is that it integrates information about nutrition and health . Special efforts were made to introduce the concept of gender equality and good touch and bad touch.

Every month, nutritional status of the children and progress on developmental milestones with necessary corrective actions was shared with parents.

- Nukkad Natak (street play) was enacted in all the villages emphasising on importance and need of ECCE and to solicit support from the community.
- Health camps were organised with the support of Nirali Hospital in Navsari. A total of 864 children and 161 women went through clinical check up and treatment. 320 children and 60 women were referred for further treatment.

In a period of six months it was observed that ECCE activities are regularly conducted in all the Angnawadis as a result presence of children has increased. Percentage of children staying at the AWC for 3 or more hours increased from 10% in the baseline to 80%

Children started enjoying coming to Anganwadi centre

From the beginning of the project at the AWCs in Kalvach village, the CHETNA team observed that most children regularly brought packaged snacks to the centre. The parents reported that children refused to go to AWCs without these packets. The team conducted drama/role play on the importance of consuming nutritive food. One-to-one discussions were held with the parents. The Anganwadi worker did not allow children to bring packaged food. As a result children stopped bringing packets to the AWC. Early Childhood education became the main attraction to attend the centre.





Making Health Services Available at the village level

Some villages in Vansda blocks of Navsari district are hilly and having several tribal hamlets and villages where access to healthcare facilities, remains a challenge to this day. To address this challenge, a Mobile Health Unit (MHU) equipped with Blood Pressure (BP) instrument, Haemoglobinometer, stethoscope, weighing scale, height meter and over the counter medicines, visits 12 villages.

Minor ailments are being treated at the village level and those who require advanced medical care, are being referred to nearby health facilities. A doctor and social mobiliser make special efforts to create health and nutrition related awareness in the villages.

Between April 2022
and March 2023, a total
of 10,571 people were
treated for minor
ailments and 260
villagers were referred to
healthcare facilities for
further treatment.



Participation and Contribution in State and National Consultation

Child Health, Nutrition and Development

- Contributed in the seminar on Best Practices and Learing on Early Child Care and Nutrition, organised by Sewa Mandir, 21st March 2023, Jaipur
- Contributed in Roundtable
 Consultation for Making Ahmedabad
 Child Friendly City on 17th December
 2022 organised by Urban
 Management Centre (UMC), UNICEF
 Gandhinagar and Ahmedabad
 Municipal Corporation (AMC)

Adolescent Health

- Contributed in the National Consultation on Adolescents, young People's Reproductive and Sexual Health, organised by Population Services International on11th February 2023, at New Delhi
- As a member of the working group CHETNA contributed in a round table discussion on access to reproductive and sexual health services and stigma attached to it-Organised by Vishakha, Jaipur, February 2023

Maternal Health

 Participated in a National Meeting organised by the White Ribbon Alliance-India to Celebrate National Safe Motherhood Day on 11 th April 2022 at New Delhi.

Women's Health, Nutrition and Empowerment

- Shared CHETNA's efforts to improve Health and Nutrition status in Rajpur Block
 of Aspirational District, Barwani Madhya Pradesh at a Workshop on Corporate
 Social Responsibility (CSR): Health and Nutrition Interventions by Central Public
 Sector Enterprises (CPSEs) for Sustainable and Inclusive Development
 organised by the Department of Public Enterprises, Ministry of Finance,
 Government of India. June 10, 2022, Gandhinagar
- Contributed as a panellist in a regional consultation' Increasing risks and vulnerabilities of women and girls due to Covid-19 pandemic', November 2022 jointly organised by Dalit Mahila Vikas Mandal in collaboration with Swechha-We for Change Foundation and Girls Count Coalition, 16-17 November 22,
 Mumbai
- Contributed in developing indicators to measure progress on women's health and nutrition for revising Women's policy of Gujarat. A workshop was organised by Gender Resource Centre on 27/09/2022, Ahmedabad.
- Contributed in Workshop on Health and Nutrition Strengthening Pathways organised by AXIS Bank Feb 2023, Mumbai

Participation as a member of State Committees

- Contributed as a member of State committee for Adolescents Health under RKSK programme on 3/10/2022
- Participated in Accredited Social Health Activist (ASHA) Mentoring Group Meeting organised by the Department of Health and Family Welfare, Government of Gujarat on 12/12/2022, Gandhinagar
- Participated in Ahmedabad Pre Conception -Pre Natal Diagnostic Techniques
 Advisory Committee Meeting on 23/12/2022, Ahmedabad

Others

 Participated in partners review and planning meeting organised by Transform Rural India Foundation on 1/08/2022, New Delhi

Contribution of Ms. Indu Capoor, Founder Director (Emeritus) CHETNA, and Governing Council member of CHETNA

- As a Keynote Speaker, narrated the CHETNA journey at SAHAJ, Limkheda, Dahod Gujarat, July, 2022
- Contributed as a speaker at the workshop on "Art of Fundraising" organized by Health and Care Foundation, Ahmedabad, September, 2022
- Addressed South Asian partners on Championing Sexual & Reproductive Rights held at the 30th celebration of ARROW at Kuala Lumpur, Malaysia, February, 2023
- Contributed as a keynote speaker addressing 2500 women customers of The Kalupur Commercial Co-Operative Bank, "Bank on yourself, My Journey with CHETNA" at the Ahmedabad Management Association (AMA), Ahmedabad, March 2023.
- Invited as the Chief Guest recognizing her as a Global Early Childhood leader at the Annual Day Celebration of the Early Years Centre of Red bricks School, Ahmedabad, March 2023
- Contributed in meetings of the National Advisory Group on Community Action held on August 25,2022 and January 23,2023.



National Youth Day and CHETNA Foundation Day, August 12, 2022

CHETNA organised a two days regional consultation on health and nutrition of adolescents, to understand the needs of the youth with respect to health, education and life skills in context of SDGs. A total of 36 young people from Gujarat, Rajasthan and Madhya Pradesh participated in the programme. During the consultation, they were taken through the social, health and nutrition challenges they faced through their own life experiences and how to overcome them was discussed. They were also made aware about benefits available to them under the aegis of various government schemes.

Community level Celebrations

CHETNA team organised various interactive games to create awareness about nutrition and health. Breast feeding week, nutrition week, International women's day, girl child day, national youth day, were organised in 108 villages of Gujarat wherein more than 7000 people participate.

Their nutritional status was assessed to understand the health and nutrition scenario of young people. Of the 36 young people, 23 had normal Body Mass Index and 13 fell in the category of thinness.

More girls were thin than boys. Majority (31) of them were anaemic, of which a majority – 24 - were girls. Two girls were severely anaemic.

Having freedom, skills and the confidence to make important decisions pertaining to their life, equality (gender and caste) and expertise to help them to excel, was defined as empowerment. Early marriage was a major concern shared by the youth. They also reported that their consent was not taken for their own marriage which is the most disempowering situation for them. Discrimination during menstruation was a major concerns shared by the girls.

At the end of the consultation, they developed an action plan reflecting what they would do at the personal level and at the village level. Sharing their learning with other young people in their families and village youth, bring change in food habits, continue education, make efforts to stop discrimination during menstruation, adopt gender-sensitive behaviour, and stop consuming tobacco products, were some of the personal level plans. At the community level, they were committed to ensuring the refusal of marriage for girls under 18 years of age, creating awareness to stop discrimination during menstruation, motivating parents and village leaders to let girls complete Class 12 education and aim for higher education. They plan to form youth groups to put this plan into action. In the evening, a cultural programme was organised to provide a platform to showcase their creativity and celebrate CHETNA's Foundation day.

Engagement with Print and Electronic Media 2022-2023

14 ગામમાં 'માસિક ધર્મ પર ગર્વ કરો અભિયાન'નો શુભારંભ કરાયો

માણેકપુર, રહેજ અને કલવાચમાં કિશોરી-માતાઓ સાથે કરાઈ હતી



કપોષણ ઘટાડવાના સંદર્ભમાં વાંસદા ખાતે તાલીમ યોજાઇ

ુંગરાળ પ્રદેશ વાંચરા એમ. અને આંગળવાડી તાલુશે અને લગ શંદા હંગ કાર્યકરોની સંચાર અને જિલ્લા લેતના પ્રેરમાં પાયમાં (પુત્રોપલ વસડવાના અપદાવાદ અને લાઈન અને સંદર્ભમાં) વિનાસી તાલીમ हुओ परिवाद मेरीटिया हुआ। सहस्रही बावह हेक्स पट पी યુંમાઈ તેમજ આરોગ્ય ૨૮ ડિક્રોમ્પર દરમિયાન વિભાગ, આ ઉંગી તે એક મોજવામાં આવી તતી આ પછી Drain are aunifer. अंत्रकत अल्ले 'आसील्य' કાર્યક્રમ હાલ કુપોબલ પ્રકાળમ ના સંદર્ભમાં તાલીમ પોતાઈ ed. w. ands lidkini with a verse with a colfeetban sell and

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કુર્યાલા એક સવલ્લી સમસ્યા છે. અને દરેક કતર તેવા बकारी सामग्रा माहे भने। પ્રથમો થાંયે છે. આ સંદર્ભના ને સાર્શન અને દુશો પશ્ચિક પૂર્વોપિત ભાગકોના વાતકપિતા મેરીદેવલ ટ્રસ્ટ યુંબઈ તેમજ સાથે યોગક પરાયકોની તાની વિભાગ, જરૂરિયાન ને ભાનમાં રાખી આઈ.કો.ઈ.એસ. વિભાગ આ તાલીયનું આપોલન

વિશ્વ તમાકુ નિષેધ દિવસની ઉજવણીના ભાગરૂપે ચેતના સંસ્થા દ્વારા રાજ્યકક્ષાનો કાર્યક્રમ યોજાયા "StandStrongAgainstTobacco" ઝુંબેશનો શુભારંભ



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पलसद-- संवेत परियोजना के अंतर्गत वेतना संस्था द्वारा दर्गा भवन पलसद में पंचायत के निर्वाचित महिला जन प्रतिनिधियों के साथ एक दिवसीय स्वास्थ्य एवं पोषण पर कार्यशाला का आयोजन हुआ। इस कार्यशाला में



पलसद क्लस्टर के 11 पंचायतो के 19 सरपंच उपसरपंच और पंचों के दारा संदिभगिता की गई जिसमें उपस्थित सदस्यों को तिरंगा भोजन के उपयोग नियमित रूप से किये जाने. सही उस में विवाह और विवाह के बाद परिवार नियोजन

को अपनाए जाने. महिला और बच्चों के स्वास्थ्य को प्रबावित करने वाले कारक, जेंडर समानता व स्वास्थ्य, स्वास्थ्य का महतव अपनी पंचायतों के स्वास्थ्य के लक्ष्य, स्वास्थ्य में पंचायतों की भनिका, सरकारी तंत्र पर उन्मखीकरण किया गया। चेतना संस्था से स्मिता बेन, मोहम्मद उसामा खान, कमलेश डाबर, मंशाराम अलावे उपस्थित रहे।

એંઘલપ્રા.શાળામાં વિદ્યા-ECCE પોજેક્ટ ફિલ્લાટન સમારોઠ યોળાયો



आसारी म नक्यारी विद्यालय कार्यक्रमां भीतीं तार्थी पार्थाय पार्थीय स्थापित क्षेत्रा कार्यालय कारप्रीपत, केरन करें किए कारण, रा मांगवरप्री करेंक कुर कारीय विकार पर्ने कारण, मांगों, कारपारी कार्य कर ys soft from two even when control was son. (CCC) Series from the control of the

વાસભા મ્યુ. શાળામાં ગાસિક વિષયની જાગતિ માટે અભિયાન



क्यकुण्डात सम्बद्ध = १००० १०११ : नगरे प्राथमित विकास समिति संपत्तित प्रातसा મું, શાળા નં. રખાતે ગુફુલારે સહેર ભાજપાયુષ્ય અને બેલિસારિજ વિષ્યત્વસ્થાના પાંતાસભ્ય અભિત રાહતની પ્રેરક ઇપસ્થિતિમાં કોર્પોઇટનના આદીવ્ય વિભાગ અને વેલના સંસ્થા દ્વારા "પેટી બચાવો, પેટી પાઠવો" અંતર્વત શાળાની વિદ્યાર્થિનીઓ માટે માહિક વિપારની પ્રાપૃતિ માટે અભિવાનની સફાવતા કરીને કીઇ વિસરસ લાકો હતી. માં કર્યામમાં સાથે મોડિયા જમ્મો જાળભાઈ શાહ, અમ્પ્યમાર્ક ભાગ, ચાલા રોકેન મું, કઇસ્કિટ સંતરમ પાયા, મું, કઇસ્લાદ વેલુવમાં કરત, પૂર્વ કઇસ્પિય માદિભવાં પોલ, વેડેના મહામંત્રી ઇસાવાદ દાત. પીચન प्रांचना क्षेत्रीरात्तव विश्वति तेल स्वीतिक दे, क्षाती मानवात, स्वीतिक स्वीतिक છે. હાર્દિક વેચાયા, સ્કૂલ એડેના અધિકારીઓ, મેંતના પ્રસ્થાના પાથકીએન પોલ प्रे. चीताचेन पात, गामाची विद्यार्थिनीयो, वित्यक्षण तेश्वर वार्याच्या (पश्चित enipide

લિંભેટ માં પ્રથમ વાર બાળ આરોગ્ય તપાસ કેમ્પ ઊજવાયો



स्थान है औं संग बीधन कोलेकन ना नामधीन करनेत्र में पुत्राची केका प्रतिपद अंतर्पत किया संस्था समाप्तामा द्वारा मान स्वादित्य eren under eignes Done um un Amazoni માર્ગ્યા શરૂઆદાયા મેતના એ મેતલાઉન અભ્યાસ કર્યો હતો પેમાં જન થી જ વર્ષ નાં પર ભાગકો કુપોલિક મળ્યા હતા.અને એજ ઉત્રે તી.સી.એપ સીરામ દારા પછ કિરાલોશ કેપ કરવામાં આવ્યો હતો પેપાં पटड भागमें किसाबंध गांगा मामा तथा का भागत मान मां राजीने વેતના સંભાનો બાગ આદીત્મ તપાસ કેમ્પ ઉજવાવો.

સોજા હાઈસ્કુલના ઉપક્રમે નિ:શલ્ક નેત્ર નિદાન અને લોહી તપાસ કેમ્પ?



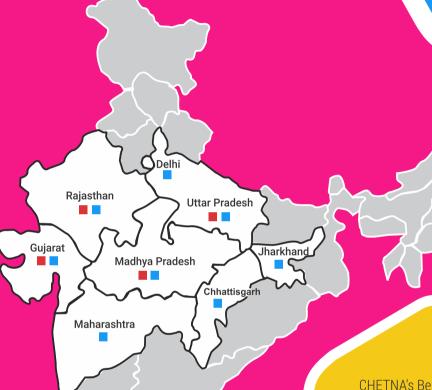
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sin, saftifus action was more was increase and one कार करियान स्थिति कर जाए का स्थापन कर जाए स्थापन स्थापन कर विकास कर जाएन स्थिति स्थापन स्थापन कर कुछ कर जाएन स्थापन कर स्थापन कर स्थापन स्थापन कर कर जाएन जाएन कर स्थापन कर स्थापन कर स्थापन स्थापन कर स्थापन (Cartre for Heatty, wiscontained editors Number Averages) of the time (MSS) of make, and a set time. Inhality is a seed with minha femral year sense medit returns

2,52,000 Copies of CHETNA's Material Travelled to 9 States in 2022-23

Tamil Nadu

CHETNA's Publications



- Women and Children
- Young People
- Others

CHETNA's Behaviour Change Communication materials are developed by experienced trainers, educators and skilled health communicators. CHETNA offers service to develop material in regional languages.

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37th

Governing Council Meeting of CHETNA 28-09-2022

38th

Governing Council Meeting of CHETNA 29-03-2023













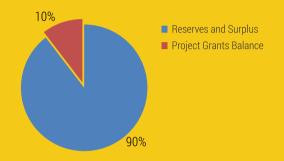
CHETNA's* Financial Highlights 2022-2023

FUNDS AND LIABILITIES 31.03.2023 %

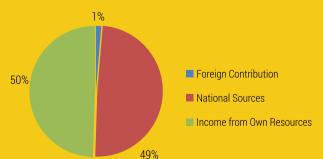
Reserves and Surplus 809 90%

Project Grants Balance 94 10%

TOTAL 903 100%

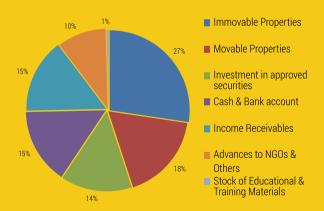


FUNDING SOURCES FOR		
RECURRING AND NON-	(Rupees in Lakh)	
RECURRING EXPENSES	31.03.2023	%
Foreign Contribution	12	1%
National Sources	444	49%
Income from Own Resources	447	50%
TOTAL	903	100%



Abridged Balance Sheet as of March 31, 2023

	(Rupees in Lakh)	
ASSETS	31.03.2023	%
Immovable Properties	247	27%
Movable Properties	159	18%
Investment in approved securities	s 130	14%
Cash and Bank account	138	15%
Income Receivables	136	15%
Advances to NGOs and Others	89	10%
Stock of Educational and	4	1%
Training Materials		
TOTAL	903	100%



^{*}CHETNA is an activity of the Nehru Foundation for Development, which is a public charitable trust, registered under the Bombay Public Trust Act 1950.

Donation to CHETNA is exempted u/s 80G(5) of the Income Tax Act 1961

Abridged Income and Expenditure Statement for the year ended on March 31, 2023

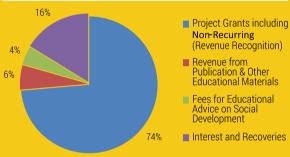
Our Financial Supporters (2022-23)

- National Stock Exchange, Mumbai
- Mundra International Container Terminal Pvt Ltd, Mundra, Kutch
- CAIRN Foundation, Haryana
- Transforming Rural India Foundation, New Delhi
- Ambuja Education Institute, Mumbai
- HDB Financial Service Limited, Mumbai
- Azim Premji Philanthropic Initiatives Pvt Ltd, Bangalore
- DCM Shriram Foundation, Bharuch
- Larsen & Toubro Public Charitable Trust (LTPCT), Mumbai
- Vedanta Foundation , Mumbai
- White Ribbon Alliance Global, USA

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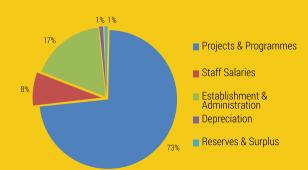
D. N. Surati
Chief Accounts Officer
Nehru Foundation for Development
October 2023

	(Rupees in Lak	h)
INCOME	31.03.2023	%
Project Grants including Non-Recur	ring 458	74%
(Revenue Recognition)		
Revenue from Publication and	36	6%
Other Educational Materials		
Fees for Educational Advice on	27	4%
Social Development		
Interest and Recoveries	101	16%
TOTAL	622	100%



(Rungge in Lakh)

	(Hupees III Lakii)	
EXPENDITURE	31.03.2023	%
Projects and Programmes	457	73%
Staff Salaries	50	8%
Establishment and Administration	105	17%
Depreciation	7	1%
Reserves and Surplus out of Earmarked Fund	3	1%
TOTAL	622	100%





Centre for Health, Education, Training and Nutrition Awareness

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